

Chill Out CP!! onf

A session for parents & carers and their children aged 0 - 18 who are on the pathway or diagnosed with Autism.

Join us for a chill out session to enjoy calming lights and soothing music, giving you and your child a chance to unwind.

Drop in for informal support and advice or just meet other parents and children.

Tuesday

24th Nov; 26th Jan; 23rd Feb; 22nd March

5.30 - 7.30pm

Red Kite Children's Centre

Refreshments: Light tea provided.

Telephone 0118 908 8181

www.wokingham.gov.uk/family/centres

 facebook.com/wokinghamchildrenscentres

ASSIST

(Autism Spectrum Service for Information,
Support & Training)
Highwood Annexe
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Woodley
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The Red Kite Children's Centre

Chestnut Crescent, Shinfield
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