

## Beechwood Primary School

uSports are pleased to announce that we will be delivering the following after-school club

### **Judo Club**

- Year 3-6 | Tuesdays | 3:30-4:30 | 7 sessions

**Judo is a brand new sport that we have just added to our fast growing variety of clubs that is offered at uSports. Judo is a Olympic Martial Art which was found in Japan. It consists of throwing your partner from a standing position, as well as learning different ways to hold your partner down on the floor. Judo is a great sport not only for it's great physical affects, but also to teach very important principles such as discipline, and self-defence.**

### **Judo Coach**

**Julia has been doing Judo for over 20 years! She is currently a member of the Great Britain team, and she has experienced all levels of competitions including many International results and remining top 3 in Great Britain on her weight category. Alongside her competition she has always coached children and is very passionate about passing on her knowledge.**

### **Prices:**

After school clubs | £4.50 per session

All bookings can be made by:

1. Going to <https://usports.class4kids.co.uk/>
2. Scroll down to find the right club and click "Info and Booking"
3. Add your child's details
4. Book your child's place
5. Pay

Kind Regards,

Charlie Hiscox  
uSports