

# Beechwood Bulletin

**Beechwood Primary School**

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## **NOTICEBOARD**



**School Office** From Monday the school office will be closed. Please can any queries be emailed to the school, our email address is:

[Office-beechwood@fraysacademytrust.org](mailto:Office-beechwood@fraysacademytrust.org)

Office staff will be picking up and replying to emails at home, so please do keep in touch. If your query is of an urgent nature please still contact us by phone as a member of staff will be able to speak to you.

Please continue emailing pictures of your children carrying out their learning, having fun and keeping active. We would also like to feature children who have been celebrating their birthdays. We will do our best to feature all photos received in our future Bulletin's

### **Factsheet**

On pages 3 and 4 of this Bulletin is a factsheet that we have received, containing some useful information for families about home learning

### **Pupil Premium Free School Meals**

This week we contacted families who receive Free School Meals under the Pupil Premium Grant, to offer a daily packed lunch provided by our school kitchen. If you are eligible or believe you could now be eligible and would like to take up this offer, please contact us

**Food Bank** We understand that at the present time some families will be struggling to provide food. The Food Bank have kindly delivered two food parcels to the school. If your family is in need of this please contact the school. If needed we can deliver this to you.

### **Butterflies—Tapestry**

A reminder to our Foundation parents to access Tapestry. Miss Forbes will be posting maths and literacy tasks on the site:

<https://tapestryjournal.com/>

[login](#)

Please email the office if you need any help accessing this.



## ***Keep Safe and keep in touch!***

Dear Parents and Guardians,

I hope you are all keeping safe and well. Thank you so much to everyone who has sent us photographs this week showing us what your children have been up to. I know lots of the children have been busy taking part in Joe Wick's PE sessions at 9am every morning and creating rainbows to display in a window in your house.

Hopefully you have all managed to find the powerpoints and activities being uploaded onto the website each day to support the children's learning while they are not in school. As we have previously said please work through them at your own pace and balance them with a range of other activities your child can be engaging in at home and in the garden. We will continue to set daily activities everyday next week.

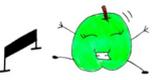
In addition to Joe Wicks PE sessions, there are a range of other resources and activities which can be accessed online; Phonics Play, Read Write Inc lessons, Twinkl, Oxford Owl.

Over the Easter Holidays, from Monday 6<sup>th</sup> April until 17<sup>th</sup> April we will not be setting any additional school work. This is to enable our families and staff to enjoy a break from school work as they normally would during this period. We will of course begin setting work again on Monday 20<sup>th</sup> April.

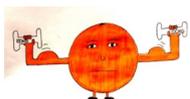
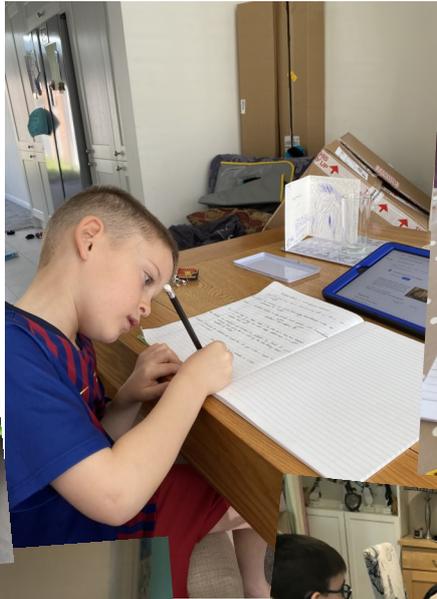
Please keep the photographs coming as we are enjoying seeing what the children are up to.

Kind regards,

Miss S E Hunter



Over the last week in your houses.....



Our fantastic fruits are taking a rest at the moment, but that doesn't mean you have to!



# How to support home learning

Follow this guidance to create a positive learning environment at home

## Be realistic about what you can do

**You're not expected to become teachers** and your children aren't expected to learn as they do in school. Simply **providing your children with some structure** at home will help them to adapt. Use the tips below to help you make this work for your household

**Experiment** in the first week, then **take stock**. What's working and what isn't? Ask your children, involve them too

**Share the load if there are 2 parents at home**. Split the day into 2-3 hour slots and take turns so you can do your own work

**Take care of your own health and wellbeing**. This will be new for your entire household, so give it time to settle. Take a look at the links at the end of this factsheet for some advice on mental health and wellbeing

## Keep to a timetable wherever possible

**Create and stick to a routine** if you can. This is what children are used to. For example, eat breakfast at the same time and make sure they're dressed before starting the 'school' day – avoid staying in pyjamas!

**Involve your children in setting the timetable** where possible. It's a great opportunity for them to manage their own time better and it'll give them ownership

**Check in with your children and try to keep to the timetable, but be flexible**. If a task/activity is going well or they want more time, let it extend where possible

If you have more than 1 child at home, **consider combining their timetables**. For example, they might exercise and do maths together – see what works for your household

**Designate a working space if possible**, and at the end of the day have a clear cut-off to signal school time is over

**Stick the timetable up on the wall** so everyone knows what they should be doing when, and tick activities off throughout the day

**Distinguish between weekdays and weekends**, to separate school life and home life

## Make time for exercise and breaks throughout the day

**Start each morning with a [PE lesson](#)** at 9am with Joe Wicks

If you have a **garden, use it regularly**. If you don't, try to get out **once a day** as permitted by the government (households can be together outdoors but 2 metres apart from others)

Get your children to **write in a diary what they did each day** – this can be a clear sign that the 'school' day has ended

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## Other activities to keep children engaged throughout the day

- Where you have more freedom in the timetable, **make time for other activities**. Add some creative time or watch a dance video from [Go Noodle](#) to get the heart-rate going
- Get your children to **write postcards** to their grandparents or to pen pals
- Ask **grandparents to listen to your children read** on FaceTime (or ask grand parents to read to younger children)
- **Give them chores** to do so they feel more responsible about the daily routine at home
- Ask them to **help you cook** and bake
- Accept that **they'll probably watch more TV/spend time on their phone** – that's ok but you might want to set/agree some screen time limits

## If you need to contact the school

Please email the school: [Office-beechwood@fraysacademytrust.org](mailto:Office-beechwood@fraysacademytrust.org)