

Monday

Tuesday

Wednesday

Thursday

Friday

**Week One
Commencing**

28/09/2020
12/10/2020
02/11/2020
16/11/2020
30/11/2020
14/12/2020

Option 1

Sausage Roll with
Wedges and
Sweet Corn

BBQ Diced
Chicken served in
a Wrap with
Vegetable Sticks

Roast Turkey,
Roast Potatoes
and Seasonal
Vegetables

Macaroni Cheese
with Sweet Corn
and Garlic Bread

MSC Breaded Fish
served with Chips
and Peas

Option 2

Jacket Potato
with Beans or
Cheese

Wholemeal
Cheese and
Tomato Pizza with
Vegetable Sticks

Quorn Fillet,
Stuffing, Roast
Potatoes and
Seasonal
Vegetables

Tomato Pasta with
Sweet Corn and
Garlic Bread

Vegan Mexican
Roll with Chips
and Peas

Dessert

Iced Sponge

Fresh Fruit

Vanilla Shortbread

Fresh Fruit

Oaty Cookie

BEST OF ENGLISH

**TASTES
OF EUROPE**



**FISHY
FRIDAY!**

**Week Two
Commencing**

05/10/2020
19/10/2020
09/11/2020
23/11/2020
07/12/2020

Option 1

Sausage & Mash
with Baked Beans
(Cowboy Pie)

Wholemeal
Cheese and
Tomato French
Bread Pizza with
Vegetable Sticks

Roast Chicken,
Stuffing, Roast
Potatoes and
Seasonal
Vegetables

Plant Based Beef
Bolognese with
Spaghetti with
Sweet Corn

MSC Fish Fingers/
Salmon Fish Fingers
served with Chips
and Peas

Option 2

Wholemeal
Vegetable Pasta
Bake
with Sweet Corn

Quorn Burger with
Vegetable Sticks

Vegetable
Wellington, Roast
Potatoes and
Seasonal
Vegetables

Jacket Potato with
Beans or Cheese

Vegetable Pasty
with Chips
and Peas

Dessert

Apple Flapjack

Fresh Fruit

Marble Sponge

Fresh Fruit

Chocolate
Shortbread

**ALLERGY
INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

HOT