



Physical Education Curriculum Statement

Intent

In Beechwood Primary School, we believe that providing a varied and challenging Physical Education (PE) curriculum is essential; ensuring our pupils achieve optimum physical and emotional development and learn to lead healthy, active lives. We intend to deliver high-quality teaching and learning opportunities that inspire all children to progress and success in PE. Through the values that PE promotes, it is an ideal vehicle for our children to learn crucial life skills, such as, collaboration, fairness, inclusion, leadership and perseverance that will enable them throughout their lives.

The National Curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Implementation

Here at Beechwood, we aim to offer a PE curriculum where children can learn a wide range of skills and experience a wide variety of sports. Following the "Get Set 4 PE" Scheme we ensure that our pupils experience a curriculum that incorporates skills progression and is sequenced to build in complexity throughout the year groups.

A pupil's PE journey begins in EYFS where they are introduced to PE, dance and gymnastics. In Key Stage 1, they build on these skills through the introduction of invasion games; net and wall games; and striking and fielding games, as well as gymnastics, dance and athletics. In KS2, PE units become sports based and pupils will participate in sports at least twice within the key stage, ensuring that prior learning is secured and developed. The long term plan details the PE units which are to be taught throughout the year groups and ensures that the requirements of the National Curriculum are fully met.

Pupils participate in two, 1 hour PE lessons each week, covering two sporting disciplines per half term. Children are invited to attend local events through Wokingham Sports, these cater for teams of varied abilities and also organise inclusion events. In Year 5 children complete a term of swimming, with those unable to swim 25metres revisiting this in Year 6. Our aim is to introduce swimming into the Year 4 curriculum over the coming year in order to ensure that all children achieve their 25metres within their time at our school. In Upper Key Stage 2 we invite a small group of children to become sports leaders. They

will develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.

School Vision

Explore, Discover, Achieve

Explore – During PE lessons explore the capabilities of their bodies and what they can achieve physically, They will grapple with the outcomes of the decisions they make in game scenarios and be encouraged to critically think about how to make further improvements. PE provides opportunity to enable children to explore challenges and develop their own solutions.

Discover – In PE children will develop new knowledge and skills. They will be encouraged to make connections across the curriculum and reflect on prior learning to develop mastery. An example of this may be “How did we create space when we played football?”, “How can we apply that knowledge to basketball?” Our pupils will move on from Beechwood with a strong skills set in PE to further build on in secondary school.

Achieve – Our children will succeed in PE, feeling pride in their achievements and enjoy participating in lessons and wider sports opportunities. They will value physical activity and understand the positive impact that this can have on their well-being and health.

Curriculum coverage

Year	Autumn	Spring	Summer
FS	Introduction to PE Unit 2 Fundamentals	Dance Unit 2 Ball Skills Unit 1	Gymnastics Unit 2 Games
1	Fundamentals Ball Skills Dance Team Building	Gymnastics Sending and Receiving Yoga Striking and Fielding	Invasion Athletics Target Games Athletics/ Sports Day Practice
2	Catching and Throwing Ball Skills and Games Develop balance, agility and co-ordination Gymnastics	Invasion Games Striking and Receiving Dance	Team Games Athletics Sports Day Practice
3	Fundamentals Fitness Dance Ball Skills	Gymnastics Netball Yoga Tag Ruby	Cricket Golf Athletics Tennis
4	Dodgeball Football Gymnastics Hockey	Swimming Basketball Dance Handball	Rounders OAA Athletics Tennis
5	Dodgeball Fitness Gymnastics Tag Rugby	Swimming Netball Dance Golf	Cricket OAA Athletics Tennis
6	Badminton Football Gymnastics Handball	Volleyball Basketball Dance Hockey	Rounders OAA – residential Athletics Tennis

Impact

By the time children leave us they will:

- Have experienced a variety of physical activities and sports.
- Understand the role of physical activity in maintaining a healthy lifestyle and well-being.
- Have the courage and ability to try new things, challenge themselves and persevere.
- Take responsibility for their actions.
- Appreciate that fairness and honesty are more important than winning.
- Be able to understand and manage their emotions.

We continuously assess the implementation and impact of our PE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to achieve. This is done in PE lessons through formative assessment of the individual child against the lesson objective.

Other relevant documents